

Refua Veshalom for Corona Patients

Here are the symptoms of the Corona Virus and their treatments

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from
COVID?

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HELP 4 COVID



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AT EACH
STAGE AND
PATTERN OF
SYMPTOMS

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SERVICE, ETC)

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SERVICE, GET
EASY AND
HELPFUL
INSTRUCTIONS
FOR ALL
STAGES

FOR GUIDANCE AND SUPPORT CONTACT:

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Disclaimer: this does not
replace your GP and licensed
medical professional.



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1. Pneumonia

In many cases, the coronavirus is manifested in lung infection and it must be treated immediately. The symptoms that usually belong to pneumonia or onset are: chest pains, fever (especially high fever), difficulty breathing, dry cough and severe coughs. Sometimes the lung infection does not appear in a blood test and not in a lung test (and can sometimes occur with no symptoms).

Treatments

Antibiotics. Take antibiotics for lung infections, and if you do not see improvement in a short time replace or add other antibiotics. For example, if you have started taking a Zinat and do not see improvement in a short time, you should take "Augmentin or levofloxacin" (sometimes you should start immediately with Augmentin or levofloxacin and sometimes you must combine some antibiotics together. It is best to take probiotics three hours after taking the antibiotic.

Methods to release the MUCUS: a. Inhalation through nebulizer. b. Ginger and curcumin and nac helps a lot. c. Place slices of onions on plates. d. Steam machine. e. Apply special oils -with olive oils and otherwise olive oil alone - around the lungs (back chest and sides) and. Place a hot compress on the lungs. g. Breathe steam from hot salt water.

It is recommended to release the mucus from day one, as well as to treat pneumonia in the earliest stages when the treatment is much more effective. (Some doctors in the world recommend taking antibiotics immediately on the first day of symptoms).

2. Blood clots

Most people are advised to take aspirin to "thin the blood" (inhibits platelets coagulation) and prevent clots from forming H.W.B. Sometimes it is necessary to follow the blood screenings by checking **DI-DIMMER**. Many times, it is necessary to take "**Klaxon**" sometimes 40 mg once a day, sometimes 40 mg twice a day (morning and evening) sometimes 60 mg twice a day and sometimes even more, and therefore need to be alert. [for some cases of taking blood "thinners", there is a need to take anti acids like nexium, omepridex etc]

3. Over-reaction of the immune system (a phenomenon known as a "cytokine storm" that triggers the inflammation)

Sometimes the immune system reacts too strongly against the virus, and the symptoms of this are a major weakness, or decreased oxygen levels, or difficulty breathing, this can also be seen by a blood test (FERETIN, and the CRP may be connected often to this too).

Treatments

The main treatment for this is "steroids", and many times their dosage should be increased. When taking a high dose of steroids, it is recommended to take before anti acids like Nexium, Ompridex, Gaviscon etc. **Diabetic People, as well as those who take high dosage of steroids, must check, monitor and balance their Glucose levels.**

To prevent inflammation, it is recommended to take **vitamin D**, a lot of **vitamin C**, Ginger, melatonin before bedtime, and more. please note that when taking steroids, it is worth continuing with it for some time and not to mistakenly stop too early and also only slowly lowering the dose in many circumstances.

4. Dehydration and weakness from not eating

For those who do not eat, take protein powder (sold in pharmacies). For those who do not drink, anti-dehydration things are sold in pharmacies, and sometimes you also need an infusion of liquids by a nurse or doctor (it is recommended to drink about ten cups of water with lemon and a drop of salt during the day (preferably red salt)).

5. Nausea or vomiting

Nausea or vomiting can be the result of dryness, but sometimes it is not because of this and the things that are listed below should be done until the nausea is calmed :there are anti-nausea drugs, such as zofran , par amin, delacatine; and yes there are natural things that are beneficial, such as ginger with water or alone, crocus or lemon with water, there are also ginger capsules with vitamin B6, (It is also helpful for baking bread in a toaster, etc. to crumble the top crust and eat, as well as bake matzo in the toaster and eat).

6. Lack of attention

In many cases the treatment helps pneumonia but there is a worsening of the inflammation or blood clots, and vice versa, so it is necessary to pay attention and keep an eye open and treat immediately according to the situation, in close consultation with the people who can help you

7. Vitamins

It is highly recommended to take high doses of **vitamin D**, and take **vitamin C** about 1 gram every hour; advisable to use **Liposomal Vitamin C (preferably in capsule forms)**. **Certain types of medical history need to seek individual advise.** It has become clear that most patients have a very large shortage of these vitamins. Vitamin C, which causes diarrhea, should be stopped until gradually relaxed and restored; Also, in special cases such as complex medical background, etc., consult a specialist. It's also good to take, **Zinc (100 mg a day), Quercetin, Ginger, Garlic, Melatonin, and NAC**. You should also drink natural carrot juice as well as other vegetable juices, salted chicken soup, salmon, coconut water and more.

8. Receiving Oxygen

Those who are needed oxygen treatment in a difficult situation should be careful not to get off the oxygen not even for a short time, and consult with experts.

We endeavor to keep medical knowledge, that has helped wonderfully in the US, correct and up-to-date. Having said that, the material contained here is for general information only and users should use with discretion. For a call for help in Israel (and for free ginger juice) 072-3982355 (until 3:00 pm and after 10pm) Also: 055-6757585 (any time of the day; not every time available).